

TECHNOLOGY KNOWLEDGE & TIPS FOR TODAY'S PARENT

Do you feel completely lost when it comes to your son or daughter's technology usage??? Don't worry, you're not alone! Millions of parents find it difficult to keep up with the latest technology and social media sites for cell phones, computers, iPads, and iPods. Below is some helpful information for parents and how they can stay abreast of their child's technology saturated world.



UP-TO-DATE INFO

❖ Here are some policies at Rondout Valley CSD:

“Electronic devices including cell phones and mp3 players (i.e. iPods) are not to be seen or used by students while classes are in session (7:40 a.m. – 2:22 p.m.) Students violating this rule will have their device confiscated. Confiscated electronic devices will be held by a school administrator and will only be returned to the student's parent or legal guardian. Students refusing to turn over an electronic device will face disciplinary action for insubordination. Tablets, PDAs and laptop computers are subject to the same rules unless a student is given explicit permission from a faculty member. In such cases permission only applies to the particular class and time period for which permission is been granted.”

-ALSO-

“No student shall interfere with, intimidate or physically or verbally attack another student or school district employee on their way to or from school district property before, during or after school hours. *Any violation of school rules, which involves other students or school district employees, shall be dealt with as if the violation occurred on school district property. This includes, but is not limited to any type of verbal, physical, electronic or third party harassment. Any violation of this rule will result in the discipline of the student up to and including long term or permanent suspension.* Law enforcement will determine if a crime was committed and act accordingly.

❖ On November 6th Carlie's Crusade will be coming to speak with Rondout Valley Junior High students. Carlie's Crusade is a not for profit organization based out of Marlboro, NY. Concerned individuals started the group in memory of Carlie Brucia, an 11 year old girl who was abducted and murdered in 2004. Presenters for the assembly will include teachers, martial arts instructors, and police officers. Student will hear information on topics such as, internet safety & physical harassment, sexting, the internet in relation to employers and colleges, how to be physically safe in unfamiliar environments and Rondout's specific policies on bullying/ harassment.

❖ BEWARE OF RECENT HACKING INCIDENTS:

- WEBSITES
- COMPUTERS
- CELL PHONES
- WEBCAMS
- BABY MONITORS

- ❖ Only 1 in 10 victims will inform a parent or trusted adult of internet abuse

TIPS

- ❖ Because the majority of cyber bullying instances and sexting occurs during overnight hours, parents may want to charge electronics in **their** bedroom at night (phone, iPod, iPad, Etc.)

- ❖ Limit usage for teens is ideal. They don't need to be connected 24/7:

- Allot a time limit (no electronics after 10pm)
- Allot an amount of time (only 3-4 hours per day)
- Allot locations (electronics in public spaces only- living room, dining room, kitchen, etc.)

- ❖ Monitor all sites

- Youtube
- Facebook
- Instagram
- Twitter
- Tumblr
- Vine
- Snapchat
- Omegle
- Chatroulette



- ❖ Navigate providers to help set limits

- Turn texting on/off during certain hours
- Limit data usage
- Here are some helpful sites:
 - <http://internet-safety.yoursphere.com/2011/09/mobile-parental-controls-att-verizon-sprint-t-mobile/>
 - <https://www.optimum.net/pages/parental-controls.html>
 - http://support.directv.com/app/answers/detail/a_id/1766/~how-do-i-set-parental-controls%3F
 - <http://help.instagram.com/154475974694511>
 - <http://www.facebook.com/help/445588775451827>

- ❖ COMMUNICATION with your child is more important now than ever:

- Initiate conversations and ask questions, ask lots of questions
- Discuss values and privacy, as it pertains to what your teens post online or text
- Being proactive now will help to minimize technology issues in the future